

【耶穌是我的希望】

耶穌是我的希望，耶穌是我的快樂，
耶穌在我沮喪之時，令我都可讚美。

耶穌是我的山寨，耶穌是我的盾牌，
耶穌在我憂傷之時，是我所可倚靠。

耶穌是我所等待，耶穌是我所渴求，
耶穌讓我今可親嘗，在你的真善美。

耶穌是我的希望，耶穌是我的快樂，
耶穌在我沮喪之時，令我都可讚美，
耶穌在我沮喪之時，令我都可讚美。



【Jesus is My Hope】

Jesus is my hope, Jesus is my joy;
Jesus is whom I can praise, whenever I feel discouraged.

Jesus is my fortress, Jesus is my shield;
Jesus is whom I can rely on, whenever I am sorrowful.

Jesus is the one I await, Jesus is my only desire;
Jesus, let me experience your true beauty now!

Jesus is my hope, Jesus is my joy;
Jesus is whom I can praise, whenever I feel discouraged,
Jesus is whom I can praise, whenever I feel discouraged.