

## 【我要歌頌，我要讚美】

迦南詩歌

我要歌頌，我要讚美，無論在天涯和海角，  
我要稱謝，我要傳揚，無論是順境和逆境。  
因我的心中有一位救主，祂是我生命的源頭，  
把我帶向平安的路上，我心像活水流；  
使我起死回生，懸崖勒馬，沒有掉下淵淵幽谷。  
我心多激動，像河流奔騰，禁不住要讚美歡呼！  
願我讚美歡呼的聲音，響遍整個環球，  
讓人們都知道我有一位救主，就是耶穌。

## 【I Will Extol and Praise】

Canaan Hymn

I will extol and praise him wherever I may be;  
I will give thank and speak of his goodness,  
no matter what situation I may encounter;  
for I have a redeemer in my heart.

He is the fountain of my life.  
He leads me to a peaceful road.  
My heart flows towards his living stream.  
He saved me from death and gave me a new life.  
I was like a horse rushing towards the cliff,  
but he restrained me and prevented my abysmal fall.

My heart is excited like the rushing river,  
And I cannot stop praising his name.  
May my praise and shout of joy resonate around the earth!  
Let everyone know that I have a redeemer in Jesus!

